

Sophia Perigo/*The Bagpiper*

FIELDS are left empty due to the cancellation of in-person meets for the rest of the 2019-20 spring sports seasons.

Underclassmen focus on being proactive

Jadon Stoner
Assistant Sports Editor
Gracie Vanover
Editor-in-Chief

When IHSAA canceled spring sports athletes were left disheartened. Hours of training for the season only for it to never come. Although this time may seem gray some underclassmen are using it as a chance to grow.

Although the athletes know the severity of the virus, it is still disheartening for them to lose a season.

“It was a real punch in the gut,” said sophomore baseball player Rafe Swearingen. “I thought the season at worst would just be postponed but hearing it actually be canceled was not fun.”

Though the news may be disappointing, many athletes understand that it is in the best interest.

“I was pretty bummed when

I heard our tennis season was going to be canceled, but I know it is definitely for the best in order to protect the health of our team and those around the state,” said junior tennis Lauren Fancher.

While seniors have lost their last high school season, freshmen have lost their first high school season.

“It’s very disappointing to not be able to run first track season in high school, especially after I’ve been training all winter,” said freshman track runner Savanna Liddle.

Some winter sports athletes are also left with a feeling of discontent due to the lack of closure from the winter sports season.

“What I looked forward to the most was proving people [wrong] and showing that we were a way better team than what people expected,” said junior basketball player Jake

Heidbreder. “Nobody expected us to do anything and we ended up winning the sectional.”

While many athletes may be feeling down, some are looking at the positives of their training.

“During this period I’m keeping my head up by appreciating the time I got to spend with my teammates and senior runners before they go off to college,” said junior track runner Wenkers Wright.

Although the season has come to a halt, many students have not let that get in the way of training.

“I run daily with my sister and do strength workouts five times a week,” said Liddle. “I have also competed in some virtual track meets.”

After the disappointment of this spring season, some students are even more excited about their future spring sports seasons.

“I just want to come in next

year and lead by example. [I want to be] the first one in the gym and [the] last one out and to just play as hard as I can at all times,” said sophomore baseball player Brady Moore.

Even with setbacks due to COVID-19 all underclassmen

athletes can do is look towards the future.

Swearingen said, “[We need] to perfect some mechanics and techniques with all this new free time we’ve got. [I am also] conditioning and lifting with all the resources I have.”

Websites for free at home workouts

- Fitness Blender
- Turbulence Training
- Do Yoga With Me
- Tone It Up
- Yoga With Adriene
- BeFit
- Yoga Journal

Source: makeyourbodywork.com